

## District 7 Meeting List as of April 2010

### Al-Anon Meetings:

#### MONDAY

**Courage to Change 9:30 am, 10:45 am (N)**

**HA, B/S, OM 1st Mon.**

Central Presbyterian Church, Rt. 113 (Uwchlan Ave.) & Penna. Ave.  
Downingtown, PA 19335

*From Downingtown and points west, take Business Rt. 30 East to Rt. 113 N. Church is on the right at the first traffic light.*

*From Exton, take Business Rt. 30 West and turn right onto Rt. 113. Church is on the right at the first traffic light.*

*From Chester Springs, take Rt. 113 South to the light just after the intersection with the Rt. 30 Bypass. The church is on the left.*

*Bear left past the offices. The meeting room is near where a quilt is hanging, room 103.*

**Malvern AFG 8 pm, 7 pm (N)**

Christ Memorial Lutheran Church, Paoli Pike & Line Road (across and slightly northwest of Bryn Mawr Rehab), Malvern, PA 19355

*From West Chester, take Paoli Pike approx. 4 miles east and turn left at Line Road, church is directly on the right.*

*From Paoli, take Paoli Pike approx. 3.6 miles west until you get to Line Rd., and make a right. The church is directly on the right.*

*The meeting is in basement under the church sanctuary. Please park in the lot only, not in the driveways. Enter through the main doors and then go downstairs and turn right.*

**West Grove AFG 8-9pm**

Assumption of the Blessed Virgin Mary Church, 300 State Road, West Grove, PA 19390

*Mtg. is in the Chapel of the Main Church (opposite Avon Grove H.S.)*

*Directions from Route 1: Heading south: Use the West Grove Exit, Rt. 841. Take a left at the exit. At the light at Old Baltimore Pike take a right onto Old Baltimore Pike. Follow to 1st traffic light. Take a Left onto Evergreen Street (841 south). Proceed to the top of the hill to the stop sign. Take a left on State Street. ABVM is one mile on your left.*

*Heading north: Use the West Grove Exit, Rt. 841. Take a right at the exit. At the light at Old Baltimore Pike take a right onto Old Baltimore Pike. See directions above.*

#### TUESDAY

**Malvern Center AFG 7 pm, 6pm (N)**

Shops at Great Valley, Malvern Center, Rt. 29 & Liberty Blvd.  
Malvern, PA 19355

*From West Chester, take 202 North to Rt. 29/Malvern exit. Turn right onto Rt. 29 North. After approx. 1 mile, turn right onto Liberty Blvd. Malvern Center is on the right.*

*From Valley Forge, take Rt. 202 South to the Rt. 29 exit, go North on Rt. 29 approx. 1/4 mile and turn right. Malvern Center is on the right.*

**Serenity Tuesday AFG 7:30 pm, 6:30 pm (N)**

Holy Trinity Episcopal Church, High & Union Streets,  
West Chester, PA 19380 (use Union Street entrance)

*From Chadd's Ford, and points south, take Rt. 202 North to West Chester. Take Business Rt. 100 (High St.) into downtown. After approx.*

*1/3 mile, make a left on Union Street (after the Burger King). Park in the church lot on the left.*

*From Downingtown and points north, take Business Rt. 100 South into downtown. Be sure you are on High Street. Approx. 3 blocks after Market St. intersection, take a right onto Union Street (after the 7-11).*

*Park in the church lot on the left.*

*Enter the church through sidewalk in back. Meeting is in basement.*

#### WEDNESDAY

**Boot Road Al-Anon 10 am**

Sts. Peter & Paul Church, 1325 Boot Road (in basement of the Rectory),  
West Chester, PA 19380

*From West Chester and points south, take Rt. 202 North to the Boot Rd. exit and turn right onto Boot Road. Church is on the left approx. 1/2 mile after the exit ramp.*

*From Exton and points north, take Rt. 202 South to the Boot Road exit and turn left onto Boot Road. The Church is on the left approx. 1/2 mile after the exit ramp.*

St. Michaels Lutheran Church 6:30PM

109 Doe Run Road, Unionville PA 610-347-1696

*From Route 1 in Kennett Square: Follow Rt 1 to Rt 82 Exit. Follow Rt 82 north, crossing Rt 926 at the traffic light. Pass Unionville HS and Patton Middle School on the right. Turn right onto Doe Run Road where Rt 82 makes a sharp bend to the left. Church is visible on your left.*

**Red Fox Wednesday Night AFG 8 pm** (Also see Sunday Night for additional meeting)

Bowling Green Inn-Barn, 1375 Newark Rd., Kennett Square, PA 19348  
(Toughkenamon Exit of the Rt. 1 Bypass)

*From Chadds Ford and points east, take Rt. 1 South to the Toughkenamon Exit (just past the Rt. 82/Kennett Square Exit). At the end of the exit ramp turn right. The sign for Bowling Green Inn will be on your left. Turn left into the parking lot. The meeting is in the barn.*

*From Avondale and points West, take Rt. 1 North to Toughkenamon exit. At end of ramp, turn left. After approx. 100 yds, the sign for Bowling Green Inn will be on your left. Turn left into the parking lot. The meeting is in the barn.*

#### THURSDAY

**West Chester Thurs. Morning AFG 10 am  
OM 1st Thurs.**

Calvary Lutheran Church, Rosedale Ave. & New St.,  
West Chester, PA 19380

*From Exton and points north, take Rt. 202 South around West Chester, and exit onto High Street (after the Mallack Street intersection). At the second traffic light, turn left onto Rosedale Ave.*

*From Chadds Ford and points south, take Rt. 202 North to the High St., Business Rt. 100 Exit (at the Holiday Inn). Go straight into West Chester and at the second light, turn left onto Rosedale Ave. Go 2 traffic lights.*

*The church is on the right at Rosedale and New St.*

*Park behind the church. From the parking lot, go to the Rosedale side of the church down the steps, through the door, and follow the signs to the meeting room.*

**Thorndale Thursday Night AFG 6:30 pm B/S  
4M/AA**

Thorndale United Methodist Church, Rt. 30 and Municipal Dr.,  
Thorndale, PA 19372

*From Exton and points east, take Business Rt. 30 West to Thorndale. Approximately 1.5 miles from the Lloyd Ave. intersection the church will be on the right.*

*From North of Thorndale take the Rt. 30 Bypass to the Manor Ave/Downingtown Exit. Go south on Manor Ave. and then take the first right onto Lloyd Ave. Turn Right onto Business Rt. 30. The church is approx. 1.5 miles past the Lloyd Ave. intersection, on the right. Turn into the church parking lot, park, and enter the left front door. Meeting is downstairs at left end of parish hall.*

**Paoli AFG 7 pm, 8 pm (N)**

Good Samaritan Episcopal Church, 212 W. Lancaster Ave. (Rte. 30)  
Paoli, PA 19301

*From Exton and points west, take Business Rt. 30 East. After the Rt. 29 intersection, you will go under a Railroad overpass. One block after the light at the Wendy's, turn right into the church parking lot.*

*From Berwyn and points east, take Rt. 30 West. Approx. 1.1 miles after the Rt. 252 intersection, (5 traffic lights) the church will be on the left (just before Wendy's). Turn left into the parking lot.*

*The meeting is held in the stucco building marked "Offices" next to the church, in Room 105 – down the hall, turn left and then right.*

#### FRIDAY

**Berwyn Butterfly 7:30 pm**

Trinity Presbyterian Church, Main & Berwyn Avenues, Berwyn, PA 19312

*When traveling east on Lancaster Ave, (Rt.30) from Paoli, turn right at Waterloo Ave., at the light following the Spa Car Wash. Bakery is on the corner. At the first intersection, Trinity Church is on the left. Proceed straight through the intersection, and turn left into the Church parking lot. The church hall is on the left & the school is on the right. AA meets in the church hall and Al-Anon meets in the second classroom on the right in the school. If you get lost, feel free to ask someone.*

**Downingtown Friday Night AFG 8 pm**

**HA, LM/AA**

St. James Episcopal Church, 409 E. Lancaster Ave.,  
Downingtown, PA 19335

*From West Chester, take Rt. 30 West to Business Rt. 30. Turn right onto Rt. 30 (Lancaster Ave.). The church will be approx. 1/2 mi., on the left, about 2 blocks after MacDonald's. Turn left into the church and park.*

*From Honey Brook and points North, take Manor Ave. (Rt. 322 S) to business Rt. 30. Turn left onto Rt. 30. Proceed approx. 1.5 mi. The church will be on the left about 2 blocks after MacDonald's.*

*From Exton and points east, take Business Rt. 30 West towards Downingtown. Church is on the right, 1 block past intersection with 113. Enter the side hall door (if open, or through large back room), go down the hall, and turn left - the meeting is at the end of the hall. Last meeting of the month is combined with AA in the large back room.*

**NOTES:** These directions are a general guide to finding our meetings. We tried to use well known points of reference as a starting point.

The actual locations of the meeting rooms in the buildings are sometimes difficult to describe in limited space, and change occasionally, so attendees may have to ask or look around once they have found the building.

# District 7 Meeting List as of April 2010

## SUNDAY

### West Chester Sunday

**Twilight Meeting 5 pm**  
307 Club - 822 E. Washington St., West Chester, PA 19380  
From Rt. 3 and 202 go west on Rt. 3 to right on Montgomery Avenue (MacDonald's) to right on E. Washington St. Cross Garfield and take to dead-end. Building is on the right.  
Enter the last door of the building

### Red Fox Sunday Night AFG 8 pm

(Also see Wednesday Night for additional meeting)

Bowling Green Inn-Barn, 1375 Newark Rd.,  
Toughkenamon Exit of the Rt. 1 By-Pass,  
Kennett Square, PA 19348

*From Chadds Ford and points east, take Rt. 1 South to the Toughkenamon Exit (just past the Rt. 82/Kennett Square Exit). At the end of the exit ramp turn right. The sign for Bowling Green Inn will be on your left. Turn left into the parking lot. The meeting is in the barn.*

*From Avondale and points West, take Rt. 1 North to Toughkenamon exit. At end of ramp, turn left. After approx. 100 yds, the sign for Bowling Green Inn will be on your left. Turn left into the parking lot. The meeting is in the barn.*

## District 7 Meeting:

Second Saturday of each month, 10 am to 12 noon

St. Agnes Catholic Church Day Room

New St. at Market Street, West Chester PA

*From High Street in West Chester, take Chestnut Street west and then turn left onto New Street. After 1/2 block, turn left into church parking lot. The Day Room is just off the parking lot, in the basement of the Rectory.*

*All interested AFG members are welcome.*

*The Al-Anon Family Groups (AFG) are a fellowship of relatives and friends of alcoholics who share their experience, strength, and hope, in order to solve their common problems. We believe alcoholism is a family illness, and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization, or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is an anonymous fellowship and is self-supporting through its own voluntary contributions.*

## The Twelve Steps

1. We admitted we were powerless over alcohol -- that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these Steps, we tried to carry this message to others, and to practice these principles in all our affairs.

## Al-Anon Family Groups (AFG) & Alateen Groups

### District 7 Meeting List

(Chester County, Pennsylvania)

**April 2010**

#### KEY

<b>B/S</b>	Babysitting
<b>HA</b>	Handicapped Accessible
<b>N</b>	Newcomers' Meeting
<b>OM</b>	Open Meeting
<b>LM/AA</b>	Last mtg. of month, combined w/ AA, speaker mtg.
<b>4M/AA</b>	4th mtg. of month, combined w/ AA, speaker mtg.
<b>AFG/AA</b>	Always combined with AA meeting
	• Meetings are approx. one hour long, with the exception of some newcomer's meetings, which are 45 minutes.

- All meetings are non-smoking.



**District 7 Mailing Address:**

P. O. Box 47  
West Chester, PA 19381-0047

**District 7 Al-Anon Information Services:**

610-696-4216

**Phila. Area Intergroup Office:**

215-222-5244  
[www.aisdv.org](http://www.aisdv.org)

**PA Area Web Site:** [www.pa-al-anon.org](http://www.pa-al-anon.org)

**World Service (WSO) Headquarters:**

1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617  
1-800-344-2666

1-888-4AL-ANON (1-888-425-2666)

**WSO Web Site:** [www.al-anon.alateen.org](http://www.al-anon.alateen.org)

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