**AL-ANON DISTRICT IV HOSTS FOURTH Annual**

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**REACHING FOR PERSONAL FREEDOM WORKSHOP**

**Legacies “*R”* Us**

**Recovery through utilizing the Steps**

**Unity through utilizing the Traditions**

**Service through utilizing the Concepts**

***Sat, Oct 21st 9:00 to 3:30***

***Greenhill Presbyterian Church***

***3112 Pennsylvania Avenue***

***Wilmington, Delaware, 19807***

**Agenda**

**8:00- Help with set-up**

**9:00 – 9:30 Fellowship**

**9:30 – 10:00 Opening**

**10:00 – 10:15 Meditation**

**10:15 – 11:15 Steps of Recovery Workshop and group sharing**

**11:30 – 12:30 Traditions of Unity Workshop and group sharing**

**12:30 – 1:00 Lunch**

**1:00 – 2:00 Questions & Answers Forum**

**2:00 – 3:00 Concepts of Service Workshop and group sharing**

**3:00 – 3:30 Closing**

**3:30 – Help with Clean-Up**

**Everyone in the recovery community is welcome.**

**There will be a Reaching for Personal Freedom Raffle Basket.**

**Bring Your Favorite Snack with Recipe to Share, your own lunch & beverage.**

**Coffee, tea, ice, cups, plates & utensils will be provided.**

**The Questions & Answer Forum is soliciting questions anyone may have about Al-Anon/Alateen.  You may write your questions out ahead of time and place them in an “ASKIT BASKET” as you enter or ask them the day of the event.**

**Contact people for this event are Diane** S.@ 609-577-0349 or senerthd@gmail.com **& Lesley G. @ 302-985-3459 or pensions@comcast.net**