



BROKEN PROMISES? FEELING TRAPPED?

If someone's drinking is affecting your life, Alateen can help.

www.al-anon.alateen.org

**AL-ANON FAMILY GROUP HEADQUARTERS, INC.
1600 Corporate Landing Parkway
Virginia Beach, VA 23454-5617 USA**

**NATIONAL PUBLIC INFORMATION CANADA
Al-Anon Family Group Headquarters Canada Inc.
275 Slater Street, Suite 900
Ottawa, ON K1P 5H9.**

1-888-425-2666

Or for local Information Call:

