## **5th Annual AL-ANON**

### Winter Wonderland Workshop

# EMBRACE THE CHANGE IN YOU

"I'm not who I used to be and not everyone is comfortable with that. However, in Al-Anon I've found the courage to embrace the change in me." ---- Anonymous

Saturday, January 4, 2020

### 8:45 am-12:30 pm

### West & East Conference Rooms

St. Vincent Hospital, 232 W. 25th St., Erie, PA

9:00 -- lead by MARGE B.

10:00 -- break

10:15 -- breakout workshop groups

11:15 -- break

11:30 -- round robin

12:30 -- closing

----- FREE ADMISSION ------

FREE coffee, water and eats!

And you're welcome to bring your favorite or other snacks to share!

The West & East Conference Rooms are next to the cafeteria. The West Room is where the Newcomers meeting used to be. The foldable wall between the rooms will be opened to create one large room.