



It's Coming!
50th Annual Pennsylvania AFG Convention
at Susquehanna University, Selinsgrove, Pa.
June 9-11, 2023

Details are still being worked out, but we have the

Workshop Topics:

1. Working the 12 Steps in 15 Minutes. (An interactive workshop using instructional handout sheets).
2. Tuning In with the Traditions in the Family and the Group.
3. Using the Al-Anon Tools for Recovery (CAL, Slogans, Steps and Traditions, Meetings, Sponsorship, Phone Calls, Prayer, Meditation, Service, Higher Power).
4. Resentment: Holding On or Letting Go?
5. Setting Boundaries: Focusing on Myself, Not Unacceptable Behaviors.
6. Writing for *The Forum*: Reaching Others While Helping Myself.
7. Transforming Loss & Grief Through Al-Anon.
8. Embracing and Handling Conflict in Relationships at Home and Work.

Those attending the Convention who'd like to help with a workshop are invited to email convention.workshop@pa-al-anon.org for more information.

Registration for the Convention will open on Monday, March 13. More details to be revealed!