



Registration is Open!
50th Annual Pennsylvania AFG Convention
at Susquehanna University, Selinsgrove, Pa.; June 9-11, 2023

Register:

1. Go to pa-al-anon.org/go/convention-registration or scan the QR code on the right with your smartphone.
2. Be sure to click on all the dropdown boxes. They hold lots of helpful information.
3. The ONLINE ONLY registration and payment deadline is **Friday, May 26, 2023**, at 11:55 p.m. *This date is final and will not be extended.*
4. Help your friends who don't have computers by filing out the online registration for them.



Workshop Topics:

1. Working the 12 Steps in 15 Minutes. (An interactive workshop using instructional handout sheets).
2. Tuning In with the Traditions in the Family and the Group.
3. Using the Al-Anon Tools for Recovery (CAL, Slogans, Steps and Traditions, Meetings, Sponsorship, Phone Calls, Prayer, Meditation, Service, Higher Power).
4. Resentment: Holding On or Letting Go?
5. Setting Boundaries: Focusing on Myself, Not Unacceptable Behaviors.
6. Writing for *The Forum*: Reaching Others While Helping Myself.
7. Transforming Loss & Grief Through Al-Anon.
8. Embracing and Handling Conflict in Relationships at Home and Work.

Those attending the Convention who'd like to help with a workshop are invited to email convention.workshops@pa-al-anon.org for more information.