

Monday

DuBois Liberty AFG (open, WA)
Church of Our Savior
400 Liberty Blvd.
DuBois, PA 15801
Use back door and downstairs
7-8:00 PM

Ebensburg AFG (AA, WA)
United Church of Christ
217 E. High St.
Ebensburg, PA 15931
Annex building behind church. 1st floor
7-8:00 PM

Penns Valley Monday Night AFG
(open, Hybrid)
Millheim Borough Building
225 E. Main St.
Millheim, PA 16
Meeting is in the library.
7:30-8:30 PM

Tuesday

Tues. Night State College AFG
(open, Hybrid)
Unitarian Universalist Fellowship of
Centre County
780 Waupelani Drive Ext.
State College, PA 16801
Meeting is downstairs
7-8:00 PM

Thursday

Indiana New Life AFG
Zion Lutheran Church
100 S 6th St.
Indiana, PA 15701
7-8:00 PM

Thursday Night Survivors AFG (open)
Franklin Street United Methodist Church
510 Locust St.
Johnstown, PA 15901
6-7:00 PM

Friday

Fri. Night State College AFG
(open, AA, WA, Hybrid)
St. Andrew's Episcopal Church
208 W. Foster Ave.
State College, PA 16801
Library: Room 324 (upstairs)
7-8:00 PM

Saturday

Sat. Morning State College AFG (WA)
Patton Township Bldg. Meeting Rm
100 Patton Plaza
State College, PA 16803
Mtg room is on the lower level
10-11:00 AM

ALATEEN

ALATEEN is part of Al-Anon. Teens may attend Al-Anon meetings with proper adult supervision.

Notes and Key:

All meetings are closed except where noted.

- **Closed meetings** are active meetings and are available to anyone who believes their life has been affected by someone else's drinking.
- **Open meetings** are available to anyone from the public, whether or not their life has been affected by someone else's drinking, who wishes to observe and learn more about our program.

All meetings are in-person unless noted as **Remote or Hybrid**.

(AA) Alcoholics Anonymous meeting at same time (different room)

(WA) Wheelchair Accessible

TWELVE STEPS OF AL-ANON

1. We admitted we were powerless over alcohol – that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as *we understood Him*.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as *we understood Him*, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.

PREAMBLE TO THE TWELVE STEPS

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics who share their experience, strength and hope in order to solve their common problems.

We believe alcoholism is a family illness and that changed attitudes can aid in recovery.

Al-Anon is not allied with any sect, denomination, political entity, organization or institution. It does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership. Al-Anon is self-supporting through its own voluntary contributions.

Al-Anon has but one purpose: to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

A FEW OF OUR SLOGANS

“One day at a time”

“Let go and let God”

“Easy does it”

“Live and let live”

“First things first”

“Keep it simple”

AL-ANON & ALATEEN

*Hope and help for families
and friends of alcoholics*

Meeting Directory

PA Area 48

District 15

Updated: November
2024

(COUNTIES: Bedford, Blair,
Cambria, Centre, Clearfield, Fulton,
Huntingdon, Indiana, Juniata, Mifflin,
Somerset)



www.al-anon.alateen.org

www.pa-al-anon.org

Al-Anon Worldwide Hotline:
1-888-4AL-ANON (1-888-425-2666)
Mon-Fri, 8 am to 6 pm ET.